

Jamari J. Graham, B.A, CSSBB, D.L U.S Army Reserve | Pinellas County Human Services

Email: JGraham7413@gmail.com

EDUCATION

Doctor of Philosophy, Social Psychology

Walden University, Minneapolis, MN expected graduation 2025

Bachelor of Arts, Psychology

University of Arizona Global University, Chandler, AZ

Associate of Applied Science, Small Group Management

Purdue University Global, West Lafayette, IN

CERTIFICATES & ADVANCED TRAINING

July	2017	Joint Executive Managers Course US Army
Feb	2018	Basic Leader Course Noncommissioned Officer Academy
Jul	2018	Strategic Management Certificate International Business Management Institute
Nov	2018	Competent Communicator Toastmasters International
Nov	2019	Drill Sergeant United States Army Drill Sergeant Academy
Nov	2020	Advanced Leader Course US Army Logistics University
Nov	2020	Demonstrated Logistician Society of Logistical Engineers (SOLE)
Jan	2022	Tactical Combatives US Army Combatives Academy
Mar	2022	Drill Sergeant Leader Certification Course United States Army Drill Sergeant Academy
Apr	2022	Basic Army Instructor Common Faculty Development Program- Instructor Course
July	2022	Six Sigma Black Belt International Six Sigma Institute
Aug	2022	Peer Support Specialist 101 Center for the Application of Substance Abuse Technologies
Dec	2022	Master Resilience Trainer U.S Army Master Resilience School

Sept 2023 Senior Army Instructor

Common Faculty Development Program- Instructor Course

CLINICAL EXPERIENCE

Apr 2023- Present Crisis Text Line

Position: Level 4 Crisis Counselor

Provide crisis intervention and suicide prevention support.

Provide brief supportive counseling.

Listen empathize and create safety and self-care plans.

Collaborate with Multi-Disciplinary.

Document and Maintain Records

Aug 2022- Present Life Coach

Provide Emotional Support to peers.

Offer Practical Assistance and Guidance.
Facilitate Support Groups and Workshops.

Advocate for Peer Perspectives.

Maintain Documentation and Boundaries.

June 2014- Present Lawson Funeral and Cremation Service

Position: Embalmer Apprentice

Technical Proficiency in embalming and restorative art.

Funeral Home Operations. Grief and family counseling. Compliance and safety.

Multicultural Sensitivity and Adaptability.

LEADERSHIP & VOLUNTEER EXPERIENCE

Dec 2022- Present U.S Army

Position: Master Resilience Trainer

Facilitate workshops, classes, and group discussions to teach individuals practical skills and techniques for building resilience,

managing stress, and enhancing overall well-being.

Offer individualized coaching and support to military personnel. Promote, foster, and integrate workplace and personal resilience.

Apr 2023- Present Crisis Text Line

Position: Crisis Counselor

Provide crisis intervention and suicide prevention support.

Provide brief supportive counseling.

Listen, empathize and create safety and self-care plans Collaborate with a Multi-Disciplinary teams. Document and Maintain Records.

TEACHING EXPERIENCE

Oct 2021- Present

U.S Army Drill Sergeant Academy

Position: Drill Sergeant Leader (Senior Instructor)

Excelled in the top 10% of the US Army as a Drill Sergeant and was selected to be a part of the top 1% of the Army Drill Sergeant's through the Drill Sergeant Leader Selection process.

Trained, educated, certified, and validated the Army's top 10% of Non-Commissioned Officers abilities to teach the core tenants of Basic Combat Training.

Prepared, researched and facilitated small group instruction using course curriculum, regulations, policies, procedures and effective instructor techniques.

May 2008- Present

TaeKwonDo Instructor

Position: Senior Instructor

Demonstrated mastery and deep understanding of TaeKwonDo principles, techniques, and philosophies, acquired through years of training and experience.

Proven track record of leading and instructing students of all ages and skill levels, fostering a positive and disciplined learning environment.

Accomplished competitor with notable achievements in TaeKwonDo competitions at regional, national, or international levels.

OTHER EMPLOYMENT

Nov 2023 – Nov Present

Pinellas County Human Services

Position: Management Analyst- Opioid Abatement

Works on the development and implementation of new and improved plans, procedures, techniques, and methods to adjust to the changing requirement of ongoing programs.

Participates in the resolution of critical and difficult problems or issues related to management, personnel, and information systems. Investigates and defines problem areas, conducts studies, and prepares reports recommending solutions or course of action.

Apr 2021 – Nov 2023

Pinellas County Tax Collector

Position: Tax Collector

Researches, reviews, and analyzes complex legal information and documents to determine eligibility for reinstatement of licenses due to various sanctions, in compliance with the Federal REAL ID Act

and other regulations.

Conducts investigations by way of various computer databases and oversees and acts in concert with third-party field agents.

Nov 2019- Oct 2021

U.S Army

Position: Drill Sergeant

Responsible for being the initial change agent by teaching, coaching, training, and mentoring of America's sons and daughters from civilians to professional United States Army Soldiers.

Responsible for planning, directing, overseeing and managing the operations of a 280 Initial Entry training Soldier company.

Upholds and reinforces the Army standards and regulations of military bearing, courtesy and discipline by on-the-spot corrections to violators and through instructional teaching.

Nov 2017- Feb 2019

US Army

Position: Property Manager

Direct, develop and performed logistics management operations that involved planning, coordinating, and evaluation of logistical actions required to support a 33,000 sq. ft. barracks (apartment) building. Coordinated maintenance, services, audits and assessments to ensure units and facility adhered to the organizational standards, guidelines and laws.

Provide recommendations to senior leaders to implement effective processes and refine facility management processes and saving \$500K worth of revenue.

Feb 2018- Aug 2018

US Army Deployed

Position: Security Supervisor

Managed and supervised a team in charge of providing armed security at an undisclosed location for the United States in support of national security against foreign government threats.

Conduct analytical and benchmark studies to evaluate the effectiveness of current security programs and processes, the feasibility of future programs and development of planning efforts. Receives, analyzes, deciphers and takes actions on time critical alerts, orders and messages as it relates to site defense, sabotage, acts of war, posturing of forces and natural disasters, etc

Nov 2013- Feb 2019

US Army

Position: Logistics Supervisor

Manage day-to-day activities, including leading physical training and preventative maintenance on vehicle's; managed a \$5M+ budget for an Army logistics and transportation company.

Supervise training and employees by employing innovative teaching,

coaching, and mentoring strategies to increase company productivity and morale.

Formulate lesson plans, develop engaging strategies, and present lessons plans to various military personnel regarding Army rules, regulations, policies and programs; lead career development sessions to seniors and employees alike.

June 2013- Present

Lawson Funeral Home and Cremation Service

Position: Embalmer Apprentice & Funeral Attendant

Adheres to all applicable professional, municipal state and federal licensing authority regulations.

Cares for deceased in a respectful and professional manner while performing a variety of task: verifying identification and embalming authorization, performing restorations, completing removals and transfers etc.

Assist in the management and operations of the funeral home by assisting the owners and directing other staff members.

PUBLICATIONS, TRAININGS/WORKSHOPS, AND PRESENTATIONS

- Graham, J. (2018, September). Exploring the concept of knowledge: What it is, how we define it, and how we acquire it. Retrieved from www.jamarigraham.com
- Graham, J. (2019, January). Technology, culture and interpersonal communication. Retrieved from www.jamarigraham.com
- Graham, J. (2022, March). Comparing rationalism and empiricism: Exploring the foundations of knowledge. Retrieved from www.jamarigraham.com
- Graham, J. (2022, December). Actions v. Thoughts: Helping you achieve your new year's resolution.

 Retrieved from www.jamarigraham.com
- Graham, J. (2023, March). The inevitability of suffering: Embracing the journey. Retrieved from www.jamarigraham.com
- Graham, J. (2023, April). Perspective: The key to effective communication and understanding in personal relationships. Retrieved from www.jamarigraham.com

Graham, J. (2023, January). Applied Empathy in the Military Presented at the University of Arizona Global Psychology Club, Tucson, AZ.

PROFESSIONAL AFFILIATIONS

Society of Logistics Engineers (SOLE)- Member National Infantry Association-Member Transportation Corps Regiment Association-Member National Quartermaster Association- Member National Society of Leadership and Success- Member University of Arizona Global Psychology Club-Member